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WHY DO THIS ACTIVITY?

Baking is an activity that stimulates creativity and relaxation. It is a great opportunity to spend some quality time with your little ones.

Moon Bread

Ingredients

700 g flour
400 ml Rugani Beetroot juice
½ tsp salt
½ tsp sugar
1 packet instant dry yeast
spring onions, whole
cherry tomatoes
red onions, cut into quarters
thyme
Rosemary
Olive oil



Method

- 1. Preheat the oven to 180 °C.
- 2. Mix the dry ingredients in a mixing bowl.
- 3. Add the beetroot juice and mix until the dough comes together.
- 4. Knead on a floured surface for 10 minutes. The dough will be quite wet but if it is too sticky, add some flour and dust hands with flour while.
- 5. After kneading, place the dough in an oiled bowl and cover with cling film. Leave in a warm area until the dough has doubled in size. Alternatively, leave in the fridge overnight ready to bake the next day.
- 6. Form the dough into a round shape and place it on a piece of baking paper.
- 7. Decorate the focaccia with the cherry tomatoes, thyme, onion quarters and rosemary.
- 8. Sprinkle with salt and olive oil.
- 9. Bake for approximately 25 min or until the dough starts to brown on the edges.
- 10. Remove from oven and cool and slice and serve.