

Gift idea for mom!



Why this activity?

Besides that your children are learning how to give to others, they are also learning how to train their gross and fine motor skills by connecting with textures and kneading and shaping the dough.

Candle Holder Gift for Mom!

You need:

Baking paper
1 Cup Water
2 Cups Salt
2 Cups Flour
Food colouring
Glitter
Cookie cutters (preferably big ones)
Tea light candles



Method

1. Heat the oven to 120 degrees Celsius.
2. Add a few drops of the food colouring to the water and make sure it mixes in well.
3. In a bowl, mix together the flour, coloured water, glitter and salt.
4. Place a piece of baking paper on the table so that the dough does not stick to it.
5. Turn the bowl around and knead the dough on the baking paper.
6. Now you can use the cookie cutters to cut out some pretty shapes or even just create shapes with your hands. Tip: a heart shape can work very well.
7. Use the tea light candle to press and wriggle around in the middle of each shape so that a hole is left in it, but remember to remove it again so that it doesn't melt in the oven.
8. You can now bake the dough on the baking paper until it is hard. The time in the oven will depend on the thickness of each shape, so keep a close eye on them. You will need to turn them around, very gently, to allow the bottom to dry as well.
9. Once baked, allow them to cool and then place the candles into the beautiful holders and wrap it up for mom!



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(Inspiration from: <https://nurturestore.co.uk/homemade-colored-salt-dough-valentine-candle-holders>)